MyCareManager

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Aging Life Care Management

We are here to help ensure that you have the quality of life you deserve!

Sometimes all we need is a little extra help. Families may live far apart and often don't recognize the need for assistance until faced with a crisis. This is where an aging life care manager can help.

An Aging Life Care Manager is a professional who specializes in assisting older adults and their families meet and understand the changing needs in the process of aging. Family members often search for answers within themselves, unaware that there are experienced and compassionate aging life care experts available for support and direction.

Some are unfamiliar with the many services a care manager provides and the overall process. MyCareManager will outline the necessary steps so you know what expect from assessment through implementation.

Initial Meeting
We meet with you to assess what is happening in your day-to-day life. We evaluate your current medical situation, physical needs, psychological needs, social functioning, environmental concerns, and safety needs.

Recommendations
After assessment we make recommendations for your ongoing care. We review these findings in detail with you and your loved ones, and together we formulate a plan of care.

Implementation
Once a plan is in place, we will coordinate and manage all services needed to ensure a safe and productive living environment with enhanced quality of life.

Continuous Family Outreach
As the eyes and ears for our client's family, we provide monthly updates as directed. Your aging life care manager will write, email or call those in the support system depending on your preference.

MyCareManager's Services

MyCareManager provides a wide range of services and solutions for our clients. Our services include coordinating care, crisis intervention, professional support, and monitoring clients' needs. All of our care management plans are personalized to meet your individual needs. If you have specific needs not listed below please let us know.

1 Coordinate and manage your overall care
We are experts at providing strategies for keeping you or your loved one independent and safe at home.

2 Manage doctor and other medical visits
Staying on top of medical appointments can be challenging, including scheduling, traveling to and from appointments, as well as getting any follow-up care information including prescriptions. We take care of all aspects of your medical visits.

3 Manage your medications
Keeping track of your medications can be intimidating, but we provide an easy to follow plan so you never have to worry.

4 24-7 emergency care assistance
Visiting the emergency room and other emergencies can be terrifying and we will be there with you.

5 Advocacy and support
Understanding everything about your doctor's appointment can be challenging. We help communicate concerns and keep records of any important medical information.

6 Knowing the best course of action
Once you know your health issues it may be difficult to know what next steps to take. We make recommendations and make you aware of the best resources and services available.

7 Lessen stress for the family
We provide solutions for care without having to put additional responsibilities and burdens on your family.

8 Improve quality of life
We feel your quality of life is as important as your medical care. We're here to provide you with meaningful social, spiritual and cultural activities.

9 Family mediation and communications
Providing you and your family with peace of mind is important. Knowing there is someone there for you in any situation can help ease your stress.

10 Additional Services
We also help with organizing and managing bills, bank statements, insurance payments, and other potentially stressful concerns.